



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Cheese and tomato tortillas with skin on potato wedges	Vegetable pasta bake or plain pasta served with garlic bread	Roast gammon or quorn sausages served with roast potatoes and gravy	Chicken goujons or vegetable nuggets served with buttered new potatoes	Pork sausage roll or vegetable sausage served with chips
Meat					
ALLERGENS	Gluten, milk	Gluten, milk	Gluten in sausage	Gluten, mustard in goujons, milk in potatoes	Gluten, soya, sulphites and milk gluten in vegetable sausage
Jacket potatoes	Jacket potato with cheese,beans or tuna mayonnaise	Jacket potato with cheese,beans or tuna mayonnaise	Jacket potato with cheese,beans or tuna mayonnaise	Jacket potato with cheese,beans or tuna mayonnaise	Jacket potato with cheese,beans or tuna mayonnaise
ALLERGENS	Milk in cheese Egg,mustard in tuna nil in beans	Milk in cheese Egg,mustard in tuna nil in beans	Milk in cheese Egg,mustard in tuna nil in beans	Milk in cheese Egg,mustard in tuna nil in beans	Milk in cheese Egg,mustard in tuna nil in beans
Sandwiches	Ham,Cheese or Tuna mayonnaise	Ham,Cheese or Tuna mayonnaise	Ham,Cheese or Tuna mayonnaise	Ham,Cheese or Tuna mayonnaise	Ham,Cheese or Tuna mayonnaise
ALLERGENS	All contain gluten and milk Egg and mustard in tuna mayonnaise	All contain gluten and milk Egg and mustard in tuna mayonnaise	All contain gluten and milk Egg and mustard in tuna mayonnaise	All contain gluten and milk Egg and mustard in tuna mayonnaise	All contain gluten and milk Egg and mustard in tuna mayonnaise
Vegetables	Sliced Carrots	Crunchy coleslaw	Sliced carrots	Mixed salad	Garden Peas
Vegetables	Garden peas	Side salad	Brussel sprouts	Sweetcorn	Mixed salad
Salad Bar	ICEBERG LETTUCE, CUCUMBER,TOMATOES,SWEETCORN AND GRATED CARROT SERVED WITH FRESHLY BAKED MALTED WHEAT BREAD OFFERED ALONGSIDE ALL MAIN MEALS				
ALLERGENS	GLUTEN IN MALTED WHEAT BREAD				
Dessert of the Day	Mandarins	Apple sponge with custard	Sliced peaches	Mike's Flapjack	Lemon drizzle cake
ALLERGENS	Nil	Gluten, egg, milk milk in custard	Nil	milk, gluten	Eggs, milk, gluten
Cold Dessert Choices	A SELECTION OF YOGHURTS, FRUBES ,FRESH FRUITS AND VEGETARIAN JELLIES				
	All Menus are subject to change depending on the circumstances of the daily business				